

Abnormal Uterine Bleeding

AMA/CME Test 219

(Test valid through February 28, 2003)

This activity has been planned and produced in accordance with ACCME Essentials.
The estimated time to complete this activity is 1 hour.

Instructions: Read the article beginning on page 15 and select the best answer for each of the following questions.
Test form and mailing instructions are on the next page.

1. Which characteristic represents an abnormal menstrual cycle?
 - a. cycle length of 30 to 35 days
 - b. bleeding duration exceeding 8 days
 - c. blood loss of 40 to 60 mL
 - d. coexisting dysmenorrhea in at least 50% of cycles
2. Regular bleeding that occurs at less than 21-day intervals is termed:
 - a. polymenorrhea
 - b. menometrorrhagia
 - c. breakthrough bleeding
 - d. menorrhagia
3. Which statement is false? AUB is common in the...
 - a. second decade of life because of the delay in development of regular ovulatory menstrual cycles.
 - b. third decade of life because of the prevalence of benign or cancerous uterine tumors.
 - c. fifth decade of life because of worsening ovarian function.
 - d. sixth decade of life because of the effects of hormone replacement therapy (HRT).
4. Which of the following conditions is *least* likely to trigger AUB?
 - a. vaginal infection
 - b. regular use of oral contraceptives
 - c. HRT misuse
 - d. coital trauma
5. Which may be relevant in the general health history of a woman undergoing an AUB work-up?
 - a. use of herbal medications
 - b. recent weight loss
 - c. prior thyroid disorder
 - d. all of the above
6. What proportion of endometrial biopsies reveal benign conditions?
 - a. <75%
 - b. 80%
 - c. 85%
 - d. >90%
7. Which statement about hysteroscopy is *false*?
 - a. It accurately detects most structural causes of AUB.
 - b. It has a low false-negative rate.
 - c. Complications are common, but mild.
 - d. Visualization is limited to endocervical and endometrial surfaces.
8. Which statement about transvaginal sonography (TVS) is *true*?
 - a. It is not as reliable as other diagnostic modalities in imaging the pelvis.
 - b. It is only moderately useful in detecting proliferative abnormalities in the postmenopausal endometrium.
 - c. Its usefulness can be enhanced by adding saline infusion sonohysterography (SIS).
 - d. It should be timed to precede expected menses or induced withdrawal bleeding.
9. Advantages of adding SIS to TVS include which of the following?
 - a. improved visualization of lesions
 - b. cost-effectiveness
 - c. high tolerability
 - d. all of the above
10. Based on the study by Goldstein et al, in what proportion of perimenopausal women with AUB did timed TVS obviate the need for endometrial biopsy?
 - a. 60%
 - b. 70%
 - c. 80%
 - d. 90%

TheFEMALE PATIENT® / Test 219

Abnormal Uterine Bleeding J. Kell Williams, MD and Anna Parsons, MD

(Test valid through February 28, 2003. No credit will be given after that date.)

Record your answers here by circling the appropriate letter:

1. a b c d
2. a b c d
3. a b c d
4. a b c d
5. a b c d
6. a b c d
7. a b c d
8. a b c d
9. a b c d
10. a b c d

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I have read this article and completed this activity in _____ hours.

Signature

Date

For you to obtain credit, 70% or more of your answers must be correct. To cover costs of processing, please enclose a check for \$10, which is tax-deductible, payable to the Division of Continuing Medical Education (TFP), and mail with this answer sheet to:

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Participants will receive certification for their records in approximately 10 to 12 weeks.

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 Superior Satisfactory Unsatisfactory
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 Yes No
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